



Welcome to Soccer Shots!

YOUR CHILD'S SESSION

What: Soccer Shots MINI Program (Age 2)

Where: Carmel Knolls Park (12760 Carmel Canyon Rd, San Diego 92130)

You can park in the parking lot off Carmel Knolls Dr. We'll meet in the grassy area right next to the parking lot. Please note, there is not always a bathroom at this field. Sometimes there is a porta potty available but not always.

INFO YOU MIGHT WANT TO KNOW

1) Kicking Off

Please give yourself a few extra minutes to find parking, find the location within the park and get checked in with your coach. Your Soccer Shots coaches will be at the park, look for their bright orange soccer jerseys!

- o Children should wear comfortable clothes and shoes (closed toe). Cleats and shin guards are unnecessary.
- o We do ask that you remain with your child at the park for the duration of the session.
- o Children should finish eating snacks before they return to the soccer field.
- o Don't forget your park blanket to sit on and a camera! (#soccershotssd #soccershots)

2) Soccer Shots MINI Program (Age 2): Introduction

The MINI program centers around fun games, songs, and positive reinforcement. We will introduce very basic fundamental soccer principles, such as using your feet, dribbling, balance, coordination, and the basic rules of the game.

3) 2 Year Olds: Age Appropriate Expectations

Two year olds enjoy playing alongside one another but usually keep to themselves. Exploring, noticing patterns, sorting, and stacking are all skills used by this age group to learn about the world around them. Our coaches will incorporate these skills, colors, animals, and other imaginative concepts as well as provide lots of praise and positive reinforcement. The focus will be on soccer skills (dribbling, passing) as well as gross motor skills (kicking, hopping) and fine motor skills (showing fingers for numbers "peace sign for two", favoring one hand or foot over the other). Sometimes they will use their hands and that's okay at this age. We typically do not scrimmage at this age. Sessions for this age run about 30 minutes. Do not be discouraged if your 2 year old does not catch on or connect with the coach immediately. Oftentimes it takes a week or two for this connection to develop and for them to become comfortable with their surroundings.



Weather Policy
Decisions regarding postponement are made 90 minutes prior to class time.
Email notifications and text messages will be sent, as well as posted to Facebook & soccershots.org/sdcc

WE APPRECIATE YOUR SUPPORT

Our park programs are sustained by the support of local families.

We very much appreciate friend referrals so please encourage your friends to come out and experience the fun of Soccer Shots.

We also offer Soccer Shots at over 200 preschools and elementary schools in San Diego.

If your school does not currently offer Soccer Shots please let us know and we will reach out to your school.